

Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

LEVEL 1 CERTIFICATION

Host Accommodations & Training Facility Information

City & State of GST Training:	Coronado, CA (USA)
Date of Training:	September 30 - October 4, 2019 (Mon - Fri) for Certification & Re-Certification
Training Hours (30 hours total / 5-Days):	8:00 am to 2:30 pm daily (minimal breaks) - Total 6 hrs. daily
First & Last Name of Host:	Jesse Ahrem
Title of Host	SO1
Agency Host:	U.S. Navy
Gracie University Telephone (for Registration):	(310) 893-0400 x 2
Gracie University Telephone for questions about the program:	(817) 692-8303
Other Telephone:	N/A
Fax:	N/A
Host Email:	Jesse.Ahrem@socom.mil
Name of Training Facility:	BLDG. 902
Full Address of Training Facility:	1 Hooper Blvd. Imperial Beach, CA 91932 **Please see below for directions
Square Footage of Matted Area:	1,650 sqft.
Parking Information:	Yes - Gravel pit besides building
Are Lockers available?	No
Are Showers available?	Yes
Are weapons allowed in facility?	No
Describe Security access to facility:	Military security guard at access gate; required to show valid Gov. ID Card
Nearest Major Airport:	San Diego International Airport (Lindbergh Field)
Driving minutes from airport to facility:	Approximately 30 minutes
Hotels in Area:	<ul style="list-style-type: none"> - South Pier Resort in Imperial Beach - Navy Lodges at NAS, NAB and 32nd Street Naval Bases www.navy-lodge.com) - San Diego has many hotels to choose from www.hotels.com and www.expedia.com are great source
Nearby Restaurants:	Coronado Brewing Company, Carrows, Starbucks, Aroma Thai etc.
Nearby Attractions:	Sea World, San Diego Zoo, and beaches
Attire & Equipment to Bring for Participants:	<ul style="list-style-type: none"> - Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top! - Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended. - Feet: Barefoot recommended- no footwear other than wrestling shoes. - REQUIRED on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live lethal guns, chemical/OC sprays, knives live TASERS/CEWs in the training site. - If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun) - Don't forget to wear inner belt so that the gun belt can be securely fastened. - Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training. - Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.
Additional Information:	<p>*** The address will not come up on Google.Earth. The Base Security Gate is about 100 yards from this restaurant: <u>El Tapatio restaurant</u> 667 Silver Strand Blvd. Imperial Beach, CA 91932</p>
GST Overview:	<ul style="list-style-type: none"> - The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period. - Techniques address most common threat scenarios encountered by Military& Law Enforcement personnel in the field. - These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents. - Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques. <p>- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.</p>
Disclaimer:	For National Security Reasons, this course is RESTRICTED to US Military and Law Enforcement Personnel. Non-U.S. inquiries are not authorized to attend due to the fact that this course is being conducted at a structured U.S. Air Force training compound.
	- All GST courses are taught by a Gracie University Master Instructor.
Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military & Law Enforcement Combatives:	Cell: 817-692-8303 Email: GST@GracieUniversity.com