

Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

LEVEL 1 CERTIFICATION

Host Accommodations & Training Facility Information

City & State of GST Training:	Omaha, NE (USA)
Date of Training:	May 20-23 2019 (Mon - Thursday) for Certification & Re-Certification
Training Hours (30 hours total / 4-Days):	8:00 am to 2:30 pm daily (minimal breaks) - Total 7.5 hrs. daily
First & Last Name of Host:	Brian Bonifas
Title of Host:	Police Officer
Agency Host:	Metropolitan Community College Police Department
Work Telephone:	(531) 622-4571
Mobile Telephone:	(402) 319-1101
Other Telephone:	N/A
Fax:	N/A
Host Email:	bbonifas@mccneb.edu
Name of Training Facility:	Metropolitan Community College
Full Address of Training Facility:	2909 Ed Babe Gomez Ave. Omaha, NE 68107
Square Footage of Matted Area:	4,000 sqft.
Parking Information:	Free parking available
Are Lockers available?	No
Are Showers available?	No
Are weapons allowed in facility?	Only by certified LEOs; Must be visually identifiable as Law Enforcement to carry on campus (Badge, Shirt with clear "Police", "Trooper" etc.
Describe Security access to facility:	College Campus
Nearest Major Airport:	Eppley Airfield
Driving minutes from airport to facility:	Approximately 30 minutes
Hotels in Area:	
	- Embassy Suites by Hilton (Omaha Downtown Old Market) 555 S. 10th St. Omaha, NE 68102 - Hotel Deco (Omaha/Downtown-Old Market) 1504 Harney St. Omaha, NE 68102 - Hyatt Place (Omaha/Downtown-Old Market) 540 S. 12th St. Omaha, NE 68102
Nearby Restaurants:	Sullivan's Steakhouse 222 S 15th St #100, Omaha, NE 68102
Nearby Attractions:	Omaha's Henry Doorly Zoo and Aquarium 3701 S 10th St, Omaha, NE 68107
Attire & Equipment to Bring for Participants:	
	- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top! - Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended. - Feet: Barefoot recommended- no footwear other than wrestling shoes. - REQUIRED on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live - If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) - Don't forget to wear inner belt so that the gun belt can be securely fastened. - Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be - Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.
GST Overview:	
	- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period. - Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field. - These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents. - Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques. - What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching - Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. Disclaimer: All non- - All GST courses are taught by a Gracie University Master Instructor.
Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military & Law Enforcement Combatives:	Cell: 817-692-8303 Email: GST@GracieUniversity.com