

## Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

### LEVEL 1 CERTIFICATION

#### Host Accommodations & Training Facility Information

<b>City &amp; State of GST Training:</b>	<b>Orlando, Florida (USA)</b>
<b>Date of Training:</b>	December 17-21, 2018 (Mon - Fri) for Certification and Re-Certification
<b>Training Hours (30 hours total):</b>	8:00 am to 3:30 pm daily (minimal break) - Total 6.0 hrs. daily
<b>First &amp; Last Name of Host:</b>	Justin Mount and Charles Willdigg
<b>Title of Host:</b>	Academy Class Coordinator and Training Officers
<b>Agency Name:</b>	Orlando Police Department and Kissimmee Police Department
<b>Work Telephone:</b>	Justin: (386) 566-0219; Charles: (407) 616-0434
<b>Ohio Peace Officer Academy Front Desk Telephone:</b>	
<b>Host Email:</b>	<a href="mailto:justin.mount@cityoforlando.net">justin.mount@cityoforlando.net</a> / <a href="mailto:cwilldigg@kissimmee.org">cwilldigg@kissimmee.org</a>
<b>Name of Training Facility:</b>	<b>Valencia College School of Public Safety</b>
<b>Full Address of Training Facility:</b>	<b>8600 Valencia College Lane Orlando, Florida 32825</b>
<b>Square footage of the matted area in the training room</b>	2000 Sq. Ft
<b>Parking Information:</b>	Open parking lot (no parking in spots with painted yellow lines-staff only)
<b>Are Lockers available?</b>	Yes
<b>Are Showers available?</b>	Yes
<b>Are weapons allowed in facility?</b>	Yes
<b>Describe Security access to facility:</b>	N/A
<b>Nearest Major Airport</b>	Orlando International Airport
<b>Driving minutes from airport to facility:</b>	Approx. 15 minutes
<b>Hotels in area:</b>	
	- Double Tree by Hilton 12125 High Tech Avenue, Orlando, FL. 32817 (407) 275-9000
	- Hampton Inn 3450 Quadrangle Blvd. Orlando, FL 32817 (407) 282-0029
	- Courtyard at UCF Orlando East 12000 Collegiate Way, Orlando, FL. 32817 (407) 227-7676
	- Best Western Orlando East 8750 East Colonial Drive, Orlando, FL. 32817 (407) 282-3900
<b>Nearby Restaurants:</b>	Firehouse Subs, Pita Pit, Dickey's BBQ, Subway, Hebers Cuban Café, and many more
<b>Nearby Attractions:</b>	Disney World, Universal Studios, Sea World, Ripley's, WonderWorks, Topgolf, and many more
<b>Attire &amp; Equipment to Bring for Participants:</b>	
	- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
	- Bottoms: Long loose fitting athletic pants, kimono pants or tactical pants.
	- Feet: Barefoot recommended- no footwear other than wrestling shoes (Please clip fingers and toes if barefoot).
	- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, etc.) is not part of training but may be used with permission from instructor.
	- Other: Bring snacks, fruit & hydration drinks.
	<b>*NO WEAPONS ALLOWED IN THE TRAINING AREA*</b>
<b>Additional information:</b>	
<b>GST Level 1 Overview:</b>	
	- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.
	- Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field.
	- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
	- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.
	- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, course graduates for free will receive the entire course online ( <a href="http://www.GracieUniversity.com">www.GracieUniversity.com</a> ) to use for future reference and refresher training.
	- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, or First Responders with few exceptions.
	- All GST courses are taught by a Gracie University Master Instructor.
<b>Gracie University GST Website:</b>	<a href="http://www.GracieSurvivalTactics.com">www.GracieSurvivalTactics.com</a>
<b>Director of Military/Law Enforcement Combatives:</b>	Cell: 817-692-8303   Email: <a href="mailto:GST@GracieUniversity.com">GST@GracieUniversity.com</a>