

Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

LEVEL 1 CERTIFICATION

Host Accommodations & Training Facility Information

City & State of GST Training:	Renton, WA (USA)
Date of Training:	June 24-28, 2019 (Mon - Friday) for Certification & Re-Certification
Training Hours (30 hours total / 5-Days):	8:00 am to 2:30 pm daily (minimal breaks) - Total 6 hrs. daily
First & Last Name of Host:	Charles Davis
Title of Host	Police Officer / DT Instructor
Agency Host:	Renton Police Department
Work Telephone:	(425) 430-7500
Mobile Telephone:	(253) 202-1925
Other Telephone:	(206) 769-8771 (DT Office)
Fax:	(425) 430-7630
Host Email:	CDavis@Rentonwa.gov
Name of Training Facility:	Hazen High School
Full Address of Training Facility:	1101 Hoquiam Ave NE, Renton, WA 98059
Square Footage of Matted Area:	3,500 sqft.
Parking Information:	High School Parking Lot
Are Lockers available?	No
Are Showers available?	Yes
Are weapons allowed in facility?	Yes
Describe Security access to facility:	Locked Doors
Nearest Major Airport:	SeaTac Airport
Driving minutes from airport to facility:	30 Min
Hotels in Area:	- Quality Inn, Hampton Inn, Hyatt Regency, Econo Lodge, Extended Stay Bellevue
Nearby Restaurants:	Kami teriyaki, Doofers Bar & Grill, Dairy Queen, Subway
Nearby Attractions:	Various Seattle Attractions, Gene Coulon Beach, Lake Washington
Attire & Equipment to Bring for Participants:	<p>- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!</p> <p>- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.</p> <p>- Feet: Barefoot recommended- no footwear other than wrestling shoes.</p> <p>- REQUIRED on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live lethal guns, chemical/OC sprays, knives live TASERS/CEWs in the training site.</p> <p>- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun)</p> <p>- Don't forget to wear inner belt so that the gun belt can be securely fastened.</p> <p>- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.</p> <p>- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.</p>
GST Overview:	<p>- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.</p> <p>- Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field.</p> <p>- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.</p> <p>- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.</p> <p>- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.</p> <p>- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. Disclaimer: All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.</p> <p>- All GST courses are taught by a Gracie University Master Instructor.</p>
Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military & Law Enforcement Combatives:	Cell: 817-692-8303 Email: GST@GracieUniversity.com